



# THE WOMAN'S CENTER FOR ADVANCED PELVIC SURGERY

Specializing in Pelvic Floor Disorders, Urinary Incontinence & Pelvic Organ Prolapse

## HERBS, SUPPLEMENTS AND ASPIRIN PRODUCTS TO AVOID

All patients who are anticipating surgery must stop taking aspirin and all aspirin containing products for **two weeks** prior to surgery. These products may cause bleeding problems. If you desire something for headaches or other aches and pains, you may take **TYLENOL** (acetaminophen). Avoid the following:

4 Way Cold Tablets	Dristan	Monacent with Codeine
Advil	Duoprin	Motrin
Aleve	Duradyne Tablets	Naprosyn
Alka-Seltzer Products	Dynosal Tablets	Neocylate Tablets
Anacin Products	Easprin	Norgesic
Anaprox	Echinacea	Nuprin
A.P.C.	Ecotrin	Omega-3 fish oil
A.S.A. Tablets	Efficin Tablets	Os-Cal-Gesic Tablets
Argesic Tablets	Emagrin Tablets	Pabalate
Arthraglen Tablets	Empirin	Pabirin Buffered
Arthritis Pain Formula Tablets	Emprazil	Pamprin IB
Anthropan Liquid	Ephedra	Panalgesic
Ascodeen – 30	Equagesic	Papaya extract
Ascription	Excederin	Pepto-Bismol
Asperbuf Tablets	Fenugreek	Percodan
Aspergum	Feverfew	Persistin
Aspirin	Florinal	Propoxyphene Compound 65
Axotal Tablets	Garlic pills	Quiet World Tabs
Bayer Aspirin	GBL, BD and GHB	Quilinggao
BC Tablet Powder	Gaysal-S Tablets	Robaxisal
Buff-a-Comp	Germnisin Tablets	S.A.C. tablets
Buffadyne	Ginger	Saleto Tablets
Buffepirin Tablets	Gingko	Salocol Tablets
Bufferin	Ginseng	Saw palmetto
Buffets 11 Tablets	Glucosamine-chondroitin	Sine-Aid
Buffinol Tablets	Goldenseal	Sine-Off Sinus Medication
Carisoprodol Compound	Green tea	SK-65 Compound Capsules
Carna Arthritis Pain Reliever	Ibuprofen	Soma Compound
Cheracol Capsules	Indocin	St John's Wort
Chinese wolfberry	Kava-kava	St Joseph's
Coenzyme Q10	Lariorinal Tablets	Stanback
Congespirin	Licorice	Stendin
Cope	LortabASA	Ster/Darvon with ASA
Coricidin	Magan Tablets	Supac
Cosprin	Magsal Tablets	Synalgos
CP-2 Tablets	Medipren	Talwin Compound
Cranberry juice	Melatonin	Tenstan Tablets
Curbicin	Methocarbamol with aspirin	Toectin
Danshen	Meridia	Triaminicin
Darvon	Metabolife	Trigesic
Dasin capsules	Micrainin Tablets	Trilisate
Devil's claw	Midol Caplets	Valerian
Diurex	Mobidin Tablets	Vanquish Caplets
Doan's Pills	Mobigesic Tablets	Verin
Dong quai	Momentum Muscular Backache	Vitamin E
Double A Tablets	Formula tablets	Zorprin Tablet